



Newsletter

Ridgehaven Primary School

Term 1 - Week 3

Thursday 14 February 2019

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Government of South Australia
Department for Education and
Child Development

Principal: Joe Blefari
Senior Leader: Martin Woodcock
Senior Leader: Sharon Foweraker
Governing Council Chairperson: Mel Leaver

From The Leadership Team

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Dates To Remember

Pupil Free Day
Friday 8th March

School Photo Day
Tuesday 26th March

Sports Day
Friday 29th March

From Leadership Team

Acquaintance Night

It was great to see a large number of new and existing families join us for Acquaintance Night on Tuesday. Thank you to those who were able to be part of this school event. I also understand and appreciate that some families were unable to attend due to sporting or other family commitments.

Personally, I appreciated the opportunity to meet parents and hear stories about their association with Ridgehaven. I hope you enjoyed the chance to chat with teachers, SSOs and other families as well as moving around the school with your child/ren. Such nights are a great way of maintaining and building upon community engagement and spirit within the school.

Governing Council AGM

Thank you to those who were able to attend our Annual General Meeting on Tuesday night. This was an opportunity to share our 2018 school achievements and areas of growth as well as highlight directions for this year and beyond. A hard copy of the *Ridgehaven Primary School and Ridgehaven Child Parent Centre 2019 annual report to the community* is available in the front office and an electronic copy can be found on our school website.

I'm pleased to announce our 2019 Governing Council members; Mel Leaver (chairperson), Beth Allan (deputy chairperson), Craig Stirna (treasurer), Mel Rawnsley, Jamie Ainsworth, Rachael Zaltron, Rachel Lush, Jo Wardle, Matt Wardle, Katie Smth, Mandy Mason, Darren Juggins, Diana Wain and Tanya Dowler (community representative). Thank you to these members for their willingness to invest their time and energy into supporting the Ridgehaven Primary School community. I would also like to thank members who have concluded their time on the Governing Council; Robyn Hoskins, Scott Newton and Phil Lowe. Although I did work alongside Robyn, Scott and Phil, I would like to sincerely acknowledge their contributions to our school community in their Governing Council role.

The Governing Council has a most important role to play in the operation of our school. Council:

- sets the broad directions of the school.
- monitors and reviews the achievement of the school's targets.
- approves school policies in areas such as the safety and welfare of students.
- approves the allocation of resources and monitors the school budget.
- identifies community views about what is happening in the school.
- fosters parent participation in school programs and activities.

I look forward to working in partnership with Governing Council in these very important roles. In the next newsletter I will highlight the various sub committees that we will be operating throughout 2019.

Our School Values:

Caring

Honesty

Excellence

Respect

Responsibility

The Program Achieve Keys To Success:

Confidence

Persistence

Getting Along

Organisation

Resilience

From Leadership Team continued

School Crossing

It's wonderful to see that our school crossing has been completed. Thank you to all those involved for making this a reality for our school community. Below I have included a message from our Governing Council Chairperson in relation to the school crossing.

"I would like to note the diligence and commitment of Robyn Hoskins, our out-going – and long serving Governing Council Secretary in navigating a tremendous amount of bureaucracy with local politicians, council members and planners in order to bring the dream of a school crossing to completion. This is a major project which will help to improve the safety of children for many years to come." Mel Leaver

Well done to all those involved in this very important safety initiative!

Assembly Times

Our assemblies will be held on a **Wednesday at 9.00am in Weeks 3, 6 & 9** of each term. These will be facilitated by our house captains with all classes having an opportunity to showcase their learning and experiences throughout the course of the year. Families and friends are most welcome to join us in the gym for these times.

At this week's assembly I spoke about school being about three main things; fun, learning and being safe. I highlighted the importance of trying your best and striving for excellence as well learning from those inevitable mistakes that we all make in life. I hope our students took something away from the messages I shared with them.

Sports Day – Friday 29 March (term 1, week 9)

Please note that there has been a change of our Sports Day time for 2019. It will no longer be held on Friday 5 April. Our Sports Day will be held on **Friday 29 March (term 1, week 9)**. More details will follow in the coming weeks. Please place this day in your diary as it promises to be another enjoyable and memorable experience for our students.

2019 Pupil Free Days

Please note that the Governing Council have approved the pupil free days listed below. I hope this helps with your future planning. Our **term 1 PFD is on Friday 8 March (week 6)** where teachers will be involved in training and development on *reading*. Please note there will also be a pupil free day in term 4 and a school closure day in term 3 which I will update you once finalised and approved by the Governing Council

Term 1 - Friday 8 March
Term 2 - Friday 7 June
Term 3 - Friday 30 August
Term 3 - School Closure day TBA
Term 4 - TBA

Year 7 students to High Schools in 2022

Many parents are seeking information about the transition of Year 7 students to High School. The government have indicated that from Term 1, 2022 Year 7 public school students will be taught in High Schools. For more information visit www.education.sa.gov.au/7tohs

The Importance of Sleep

The recent warm weather has been quite humid and it can disrupt the children's sleep patterns at night. I know how difficult it is to function the next day if I don't have a good night's sleep. Getting a good night's sleep often comes down to routines. It is important to avoid late-night technology use such as computers, mobile phones, and iPads etc. Recent studies have found that adolescents used multiple forms of technology late into the night, including gaming systems and as a result they have difficulty staying awake and alert throughout the day.

Any factor that decreases the quality or quantity of sleep will lead to difficulty with school performance and poor behaviour problems. When children stay up at night texting in bed or playing computer games, they are increasing their risk for neuro-cognitive problems. According to research, having a regular bedtime was the most consistent predictor of positive developmental outcomes in four year olds. In a sample of 8000 children, language, reading and maths scores were higher in children whose parents enforced regular bedtimes.

The number of night sleep hours required by children varies by age. In general, five-year olds should get 11 hours of sleep, nine year olds need 10 hours and 14 year olds require at least 9 hours.

Joe Belfari, Martin Woodcock & Sharon Fowleraker

Assembly Merit Awards

Name	Room	Value / Key To Success
Oscar C	2	Getting organised for the school day and being a positive role model. Well done Oscar.
Sarah C	2	A confident and successful start to a new school! Welcome to Ridgehaven Sarah.
Ramiar M	3	Settling in to room 3 very quickly and for being a caring class member.
Iyla T	3	A fantastic start to the school year and for confidently sharing her ideas to the whole class.
Aaliyah A	5	Your outstanding and caring attitude and helpfulness in welcoming the new room 5 reception children.
Opie B	5	Your confidence in starting at a new school. It has been wonderful to see you making friends and getting along with others. You are a valued member of room 5.
Toby C	7	Role modeling positive learning behaviours and encouraging his peers.
Jayda O	7	Always giving her best in all learning tasks and including others.
Lucy W	10	A fantastic confident start to the year, and a great supporter of students who are less confident.
Ryan L	10	A fantastic settled start and for doing a great job in helping new class members to settle in.
Cody W	11	An impressive start at Ridgehaven. You have shown excellence in everything you do, well done Cody.
Travis H	11	Working hard in class and finishing work well. Displaying a cheerful, friendly attitude towards others, great work.
Emmi M	12	Being a positive role model in room 12 and always going above and beyond to show kindness to everyone.
Artin M	12	A brilliant start to the year and already making an effort to improve his work and set goals for himself. Well done!
Oscar C	Japanese	Demonstrating persistence and excellence during Japanese (katakana name activity).
Riley C	Japanese	Demonstrating persistence and excellence during Japanese (Mount Fuji art).
James B	P.E/Drama	Showing care and respect to his peers during all Drama and P.E lessons.
Phoebe B	P.E/Drama	Showing confidence and persistence in all Drama and P.E learning tasks.

Message from CPW

Local Legends: Pathways Community Centre

About a year ago I was contacted by a lovely woman called Kaye. I vaguely knew Kaye was involved with a great community program who offered food support for families but we hadn't yet met. As we spoke Kaye excitedly told me that she had a few crates of fresh fruit and some snacks for our classrooms. The offer of free fruit for the community piqued my curiosity so I took the short drive up Milne Rd and was soon arriving back at the school with a load of fresh fruit for the students.

Since my initial introduction to Kaye and the Pathways Community Centre I have regularly accessed their support for families and classrooms. If I am aware of a family that is doing it a little bit tough I am excited to let them know about the services Pathways offers and the quality fresh produce offered. Pathways are a non-government funded program who help families get back on their feet and importantly don't see their food support merely as handouts but as a way to connect, love and support.

I am proud to share about this local community organisation which are worth more than their own weight in gold and want to encourage all families in Ridgehaven to access this service that are doing it tough.

If you have any questions or needs don't hesitate to contact Simon (Pastoral Care Worker) on Mondays and Tuesdays via the school office. Simon can provide a referral voucher which will invite you to access Pathways support. Alternately contact Pathways directly and let them know your situation.

Pathways Community centre

Phone: (08) 8395 8898

Address: 1/249 Milne Rd, Modbury North SA 5092

Hours: Mon- Friday 9am- 4pm, Sat 9.30am-12:30pm

2019 School M&S Charges

Payment due by Friday 12th April 2019

Payments can be made at the Front Office by Cash, Cheque, Eftpos or Credit Card. Payments may also be made through the phone QKR app.

Payment by Instalments can be arranged either by paying in person or by direct debit from your bank account or credit card.

School Card forms are available from the front office for eligible families whose combined family income (from your 2017/18 tax return) is under the following limits:

No of children	Annual Income	Weekly Income
1	\$59432	\$1,143
2	\$60493	\$1,164
3	\$61554	\$1,185
4	\$62615	\$1,206
5	\$63676	\$1,227
Each addt child	\$ 1,061	\$21

Year 6/7 Woodhouse Excursion

From all reports, our year 6/7 students thoroughly enjoyed their trip to Woodhouse activity centre. I think Mr Woodcock even made it through the mousetrap this year! I hope you enjoy the photos from the day. It's experiences such as these that our students will remember long after they have concluded their time at Ridgehaven Primary School.



Room 2 Sharing the Magic!

Whether it be enjoying Anzac Biscuits in Adelaide, Mornay and Minties in Melbourne, Steak and Salad in Sydney, Pumpkin Scones in Brisbane, Vegemite Sandwiches in Darwin, Pavlova in Perth or Lamingtons in Tasmania, remember to put a little Possum Magic in your day!



Room 2 Sharing the Magic!



COMMUNITY NEWS



Parents of Students in Year 7 in 2019



Is your son or daughter gifted?

The Ignite Program is a selective entry program for gifted students entering Year 8 at The Heights School. Within the Ignite program there are opportunities for students to be accelerated, and participate in a range of enrichment activities to extend and stimulate their adept minds. They study, and form friendships with other like-minded peers, in a caring and nurturing environment.

We continue to be one of the leading schools across the Northern Region, with outstanding SACE results. In 2016 our students achieved the highest SACE scores across the Northern Region, and we continued these great results last year. In 2017, 20% of our Stage 2 students received an ATAR score of over 80. 11% of these students scored above 90, with our highest achieving an ATAR score of 98.8.

If you believe your child would thrive and benefit from the Ignite program, please complete an expression of interest form for your child to sit the ACER test conducted at The Heights School.

The assessment day is Saturday 23rd February 2019

Expression of Interest Forms are now available online via the following link:
<http://www.theheights.sa.edu.au/index.php/programs/ignite>

Additional enquiries can be directed to Michelle Crush (Ignite Services) at
The Heights School on 82636244 or via email: Michelle.Crush23@schools.sa.edu.au

Please note that students can only sit the test once.

If a student sits for the assessment then he/she cannot re-sit the test the following year so we strongly recommend only sitting the test as a Year 7 student.



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MODBURY VISTA SOCCER CLUB

2019 U13 GIRLS SOCCER



MODBURY VISTA SOCCER CLUB WOULD LIKE TO INVITE NEW PLAYERS BORN 2006 – 2008 TO COME AND TRY SOCCER FOR POSSIBLE SELECTION IN THE 2019 U13 GIRLS MODBURY VISTA SOCCER SQUAD.

COME AND TRY WILL BE HELD AT SMITH PARTNERS STADIUM, CNR GOLDEN GROVE RD AND MILNE RD, RIDGEHAVEN.

PLEASE ARRIVE 15 MINUTES BEFORE START TIME LISTED BELOW TO SIGN-IN.

U13 GIRLS COME AND TRY SESSIONS TIMES ARE:

- FRIDAY 8 FEBRUARY 6.00 – 7.00PM
- FRIDAY 15 FEBRUARY 6.00 – 7.00PM

COME AND JOIN A PROGRESSIVE CLUB WITH AN EXPANDING PROGRAM THAT OFFERS A PATHWAY FROM GIRLS TO SENIOR WOMEN TEAMS.

WITH TWO NEW SYNTHETIC PITCHES CURRENTLY UNDER CONSTRUCTION AND STATE OF THE ART CLUBROOMS ON THEIR WAY, NOW IS THE TIME TO GET ON BOARD.

To register and receive additional information contact:

Jason Barnden

Mobile: 0432 753 668

Email: femalecoordinator@mvsc.com.au



childhood cancer

helping families just like yours

Wednesday 27th Feb, 7:30-9:00pm

Presented by Cath O'Loughlin, CEO of Childhood Cancer SA

- Hear how they are helping 400 families
- Discover opportunities to be involved

A free event, with supper provided

Held at Tea Tree Gully Uniting Church,
600 Milne Rd, Banksia Park www.ttguc.org.au





MODBURY JUNIOR FOOTBALL CLUB
'HOME OF THE MIGHTY FIGHTING HAWKS'

SWOOP
WANTS YOU!

TO PLAY FOOTBALL IN THE
UPCOMING 2019 SEASON
SEASON STARTS IN APRIL!

GAMES PLAYED ON FRIDAY NIGHTS AND SUNDAYS
REGISTRATION ONLINE WWW.MODBURYHAWKS.ORG.AU

NEW PLAYERS WELCOME FOR SEASON 2019
AGE GROUPS U6S TO U10S - MODIFIED RULES
AGE GROUPS 12S TO 16S - PREMIERSHIP GRADES
GIRLS TEAMS U10S, U12S, U14S & U16
TRAINING FOR YOUNGER GRADES (U7-10) COMMENCING FIRST WEEK OF MARCH

MJFC IS A PROUD FAMILY CLUB WITH ENCOURAGING PLAYERS
& QUALIFIED/CERTIFIED COACHES

FOR FURTHER INFORMATION PLEASE CONTACT SHARON 0419 844 910
FOR ALL EMAILED ENQUIRIES PLEASE SEND TO MJFC.REG@GMAIL.COM

MODBURY JUNIOR FOOTBALL CLUB. HAZEL GROVE, RIDGEHAVEN (BEHIND WATERWORLD, GOLDEN GROVE ROAD)

VACANCIES FOR ALL GRADES STARTING AT UNDER 7'S
UP TO 16'S AND GIRLS TEAMS AVAILABLE



Tea Tree Gully Football Club's FREE GIRLS FOOTBALL CLINIC

Lace up your shoes and come on down to Tea Tree Gully Football Club's Come and Try!

SANFL and Tea Tree Gully football club would like to invite all girls to participate in a **FREE** football clinic - all skills welcome! The session will include learning the fundamentals of kicking, handballing and tackling in a **FUN** and **WELCOMING** environment.

Date: Monday, 11th February

Time: 6:00pm - 7:30pm

Age Groups: U8s, U10s, U12s, U14s, U16s

Girls aged 7 - 16 as at 30/2/18

Location:

Memorial Oval
18 Dowding Terrace
Tea Tree Gully

REGISTER NOW: sanfl.com.au/comeandtry

For more information please contact:

Belinda Baliga
0407 184 757
bcbaliga@bigpond.com



TTGFC





2019 WINTER TRIALS

Priceline Stadium, Mile End

Sunday 10 and 17 February

Seniors 10.00am - 11.30am

Intermediates and Juniors 6.00pm - 7.30pm

Wednesday 13 February

Seniors 7.30pm - 9.00pm

Intermediates and Juniors 6.00pm - 7.30pm

**Registered Club for Sports Vouchers*

REGISTER NOW!

WWW.CHEERIONETBALL.COM

For any queries

Ph: 0419 810 656

Email: secretary@cheerionetball.com